



EdmundRice
FOUNDATION AUSTRALIA
Liberating Lives Through Education

Aspirations and Reality – Ruth and Me

An educational resource to accompany the Ruben 360 video
Target Age: 12-14yrs



Aspiration: noun. A hope or ambition of achieving something
Reality: noun. The state of things as they actually exist

WATCH: Watch the Ruben 360 video again ([CLICK HERE](#)). This time, as you watch, think about these questions:

Did you know? The average dwelling in Makuru is 3m x 3m

1. **Ruth's Reality:** What do you notice about the reality of the Mukuru community?

2. **Ruth's Aspirations:** Is there any clue of the aspirations and hopes in the video? If you had to guess, what might be some of the hopes or aspirations Ruth has? (or her family, her peers and the staff?)

3. **My Reality:** What differences do you notice between your suburb and the Mukuru Community?

4. **My Aspirations:** What are some of my big hopes and aspirations for my community? Would some of these be the same as Ruth's?



welcome guest

We are very grateful that Ruth and her family welcomed us into their home so we can learn about life in Mukuru. As you think back over the short glimpses we saw of their home in the movie, what did you notice about Ruth's home, and her routine before school?



5. **My home routine each morning:** Just like Ruth, I have to get ready for school each morning. What do I notice that is the same for Ruth as my own daily home routine? Are there differences for us?

Similarities: _____

Differences: _____

6. **Getting to school each day:** Having watched how Ruth and her peers get to school each day, I realise that there are some things that are the same for me.... and some things that are different. These include:

Similarities: _____

Differences: _____

Did you know? For many students like Ruth, walking is the only transport available to get to school.



Ponderings: This makes me think about...

The Ruben Centre

A community full of hope, and dedicated workers!

Throughout the video we briefly saw expert teachers, cooks, medical professionals and even the conductor of the school orchestra. Each of these staff has high hopes and aspirations for the children and patients they work with – and they also work hard to achieve their own goals.



7. **Staff Aspirations:** Choose one of the staff you saw in the video – and try to guess, what might be some of the hopes or aspirations they have?

8. **Classroom:** Having seen a tiny glimpse of Ruth's classroom in the Ruben Centre, I realise that there are some things that are the same for me.... and some things that are different. These include:

Similarities: _____

Differences: _____

Did you know? For many kids in Nairobi, (and other places around the world), a class can have up to 70 students, and 1 teacher.

9. **My Imagination:** What else did you see in the video that sparked your imagination? Maybe it is a feeling you got about something or someone in the video? Maybe you have a new hope bubbling away inside you?





**The Ruben Centre is in the Mukuru Community,
which is in Nairobi, the Capital of Kenya.**

We hope that one day you get the chance to visit beautiful Kenya!

10. The Ruben Centre, Mukuru and Nairobi: What questions do you have? What else would you like to know about this vibrant and hope-filled part of the world?

11. Edmund Rice Foundation: Are you wondering what Edmund Rice Foundation does to support The Ruben Centre? What other questions or ideas do you have for Edmund Rice Foundation?



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12. We're in this together: How does a school like yours connect and support a school like Ruth's? What questions, comments or suggestions do you have about how your school can learn more about places like the Ruben Centre? Maybe you have ideas for how to get involved – or how to support the hard-working staff and students like Ruth and her teacher?

Optional: You may wish to send your reflections, questions and ideas to Edmund Rice Foundation.

Name: _____ Age: _____ Country: _____
School: _____ Teacher: _____



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Thanks for taking the time to learn about Ruth and the Ruben Centre. We hope you found this interesting and even realised some things about your own reality.
For more information, please contact Jason Bongers, School Engagement Officer
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