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## Best Foot Forward - Who are we walking with? Exploring the stories

Level: Primary/lower secondary  
Learning Areas: The Arts and Geography

A:

### **Mirror of Hope – Lillian (Kenya)**

Files:

- [Mirror of Hope – Low Res.jpg](#)
- Mirror of Hope, Kenya – [Audio File.mp4](#) (scroll down to on the webpage to listen to the audio file)

Observe the image and listen to the audio.

Listen to the audio a second time, taking notes to complete the following tasks:

- Describe Lillian's house.
- Explain one reason that contributes to the number of people living in Kibera.
- Describe how has Lillian been able to begin her own small business.

After viewing the image and listening to the audio...

- Locate Nairobi on a world map or globe. What country and continent is it located in? What do you know about the region?
- Research information about an interesting topic and write an informative TEEC paragraph about it. (You might choose climate, population, landforms, flora and fauna etc)
- Research facts about the average life expectancy, and school life expectancy in Kenya. Compare these with Australia. (Be sure to reference the source of your information and use the same source for both countries.) Explain how school life expectancy might impact employment options for men and women?
- Research more about the work of Mirror of Hope:  
<https://erf.org.au/programs/mirror-of-hope/>
  - Mirror of Hope Story
  - Agnes's Story – [click here](#)
  - Cynthia's Story



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- Explain how 'Mirror of Hope' is a perfect name for this organisation.
  - Explain the meaning of the saying: "give someone a fish and you feed them for a day; teach them to fish and you feed them for a lifetime".
  - MOH is an organisation that is said to give a hand up, rather than hand out. Research other programs and projects that empower people with a hand up rather than a hand out through the support of the Best Foot Forward campaign.
  - Watch the video: <https://www.youtube.com/watch?v=sDeDpk-5H5w>  
Predict how you might feel if you visited Kibera.

B:

**Ruben Centre Classroom (Kenya)**

- [Mirror of Hope – Low Res.jpg](#)
- Mirror of Hope, Kenya – [Audio File.mp4](#) (scroll down to on the webpage to listen to the audio file for Ruben Centre)

Analyse the image/s.

Compare your classroom with this one. Remember to include similarities and differences.

Predict the age of the class, explaining your reasoning.