




Into the HEART

Presence ♦ Compassion ♦ Liberation

ITINERARY

An East-African Immersive Experience with Edmund Rice Foundation.

PURPOSE	EVENT	ACCOMMODATION
DAY 1. Sunday 13 Sep	Arrive Nairobi <ul style="list-style-type: none">• Bag drop and check-in Mary Ward Centre• Drive around Kibera Township• Debrief/dinner Mary Ward	Loreto Mary Ward Centre P.O. Box 15215 – 00509, Langata, Nairobi. Kenya. +254 713 895 973 admin@marywardcentre. co.ke
DAY 2. Monday 14 Sep	Ruben Centre <ul style="list-style-type: none">• Spend time teaching in class, work at the Health Centre, and organise sports activities for the junior school students.• Visit the Giraffe Centre (own expense)• Debrief/dinner/Personal time	
DAY 3. Tuesday 15 Sep	Ruben Centre <ul style="list-style-type: none">• Spend time at Vocational Training Centre• Visit families at the Ruben Mukuru slums to get an understanding of where the Ruben beneficiaries/clients live.• Commissioning ceremony at Mary Ward Centre. Local Edmund Rice community members invited to participate	
DAY 4. Wednesday 16 Sep	Edmund Rice Catholic Education Centre <ul style="list-style-type: none">• Attend Mass• Time at the school interacting with staff and students• Time at Edmund Rice Dairies.• Dinner at external restaurant venue Tamarind Brasserie Restaurant (own expense)	
DAY 5. Thursday 17 Sep	Edmund Rice Centre Nairobi <ul style="list-style-type: none">• Work with staff and engage in classroom activities. Learn about disability inclusion, prepare and serve meals, work with parents at the micro-finance group and visit the urban agriculture project.	

PURPOSE	EVENT	ACCOMMODATION
<p>DAY 6. Friday 18 Sep</p>	<p>Edmund Rice Centre Nairobi</p> <ul style="list-style-type: none"> • Work with special needs students in vocational class preparing weaving, beadwork and commercial baskets. • Conduct home visits in Kibera slums. • Lunch and markets at Galeria (own expense) 	
<p>DAY 7. Saturday 19 Sept</p>	<p>Amboseli National Park</p> <ul style="list-style-type: none"> • Early departure to drive to Amboseli National Park and see Africa's big five with a background view of Kilimanjaro. • Game park drive and overnight stay 	<p>Amboseli Serena Lodge Amboseli National Park +254 735 522361 amboseli@serenahotels.com</p>
<p>DAY 8. Sunday 20 Sep</p>	<p>Amboseli National Park</p> <ul style="list-style-type: none"> • Morning game drive in park • Return trip to Nairobi 	<p>Loreto Mary Ward Centre</p>
<p>DAY 9. Monday 21 Sep</p>	<p>Kiber Youth Project</p> <ul style="list-style-type: none"> • Time at Centre visiting programs and interacting with staff and community. • Debrief/dinner/Personal time 	
<p>DAY 10. Tuesday 22 Sep</p>	<p>Mirror of Hope</p> <ul style="list-style-type: none"> • Participate in SILC women micro-finance projects and visit businesses. • Debrief/dinner/Personal time 	
<p>DAY 11. Wednesday 23 Sep</p>	<p>Mirror of Hope</p> <ul style="list-style-type: none"> • Engage with marginalized teenage mothers at the tailoring and peanut production unit. • Visit local markets. • Dinner at external restaurant (own expense) 	
<p>Day 12 Thursday 24 Sep</p>	<p>Depart Kenya</p>	



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TRAVEL INSURANCE

Please note any person travelling on ERFA business who is not an employee, will be covered under Category C, Voluntary Workers and the below Insurance policy with BHSI Care.

In the event of any emergency, threat to safety or need to incur additional travel or accommodation expenses, it would be necessary for BHSI Care to consent to such costs before they are incurred.

BHSI Care

Telephone: +61 2 8907 5605
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Email: assist@worldwidetravelprotection.com
Policy Number: 47-ZAH-331873-01

◆ Insured name:

Oceania Province of the Congregation of Christian Brothers,
Edmund Rice Community Services Limited, and
Edmund Rice Education Australia



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